

11 Ways to Fill Your Days with **Holy Moments**

How to Slow Down and Focus on What Matters Most

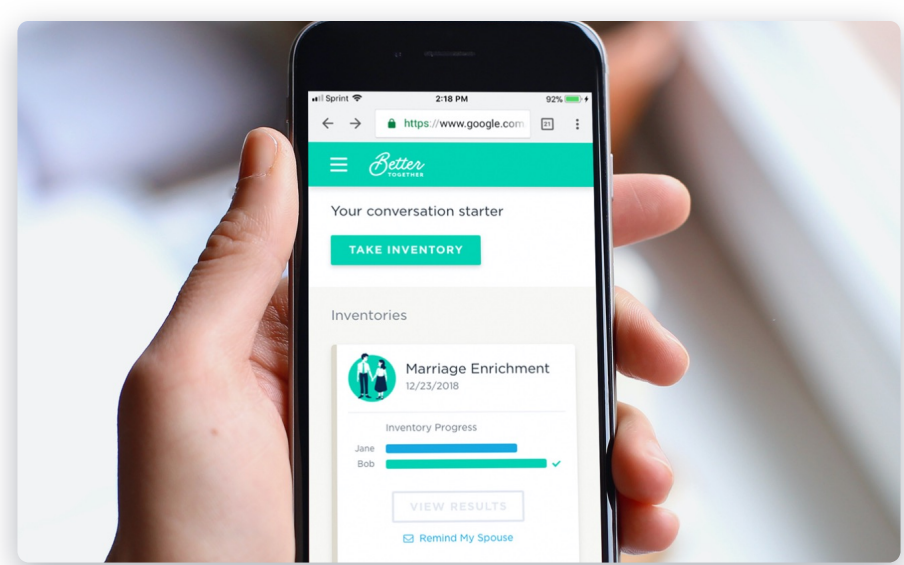
The Dynamic Catholic team put together a list of ideas for you and your family to stay focused on what matters most and to keep your time at home filled with Holy Moments:



1. For Families: Help Your Kids Get to Know Jesus

Help your children fall in love with Jesus with 84 free online episodes of BLESSED.

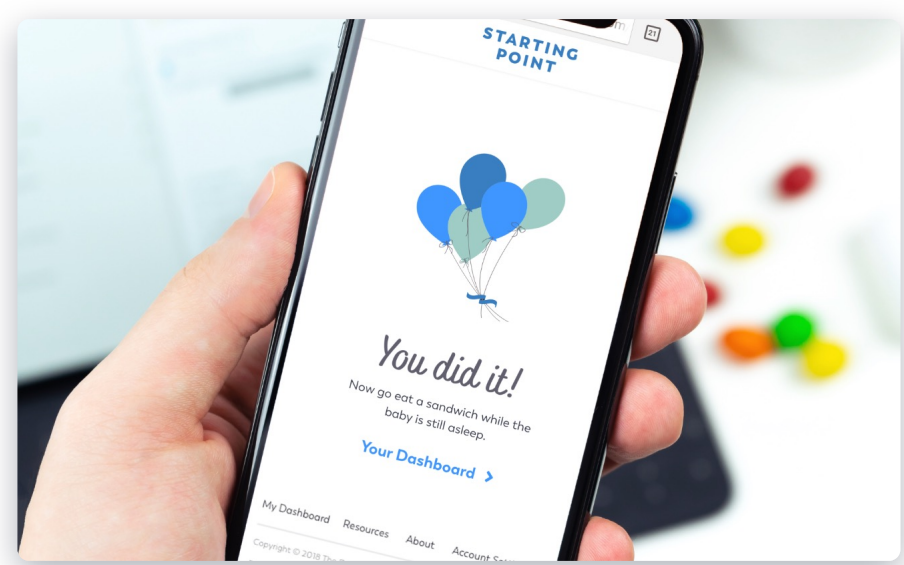
DynamicCatholic.com/blessed



2. For Spouses: Take Your Marriage to the Next Level

Experience our free BETTER TOGETHER Marriage Enrichment Inventory!

DynamicCatholic.com/better-together



3. For Parents: Start Dreaming for Your Family

Check out our free STARTING POINT Parenting Preparation Inventory (the first of its kind).

DynamicCatholic.com/starting-point



7. Pray the Rosary!

The world is in need of some prayers! Learn everything you need to know to pray the Rosary:

DynamicCatholic.com/5-million-rosaries/how-to-pray-the-rosary



8. Go Deeper with Excellent Study Guides

Experience your favorite Dynamic Catholic books at a whole new level.

DynamicCatholic.com/study-guides



4. Receive Daily Lenten Reflections from Matthew Kelly

Each day during Lent, we'll send you a powerful video reflection from Matthew Kelly.

DynamicCatholic.com/best-lent-ever



5. Rediscover the Genius of Catholicism

Watch 72 free online video segments from DECISION POINT featuring Matthew Kelly.

DynamicCatholic.com/decision-point



6. Start a New Daily Reflection Program

We have hundreds of archived video reflections from past programs. Check them out!

RESISTING HAPPINESS:
DynamicCatholic.com/best-lent-ever/lenten-reflections-2017

REDISCOVER JESUS:
DynamicCatholic.com/rediscover-jesus-program/reflections

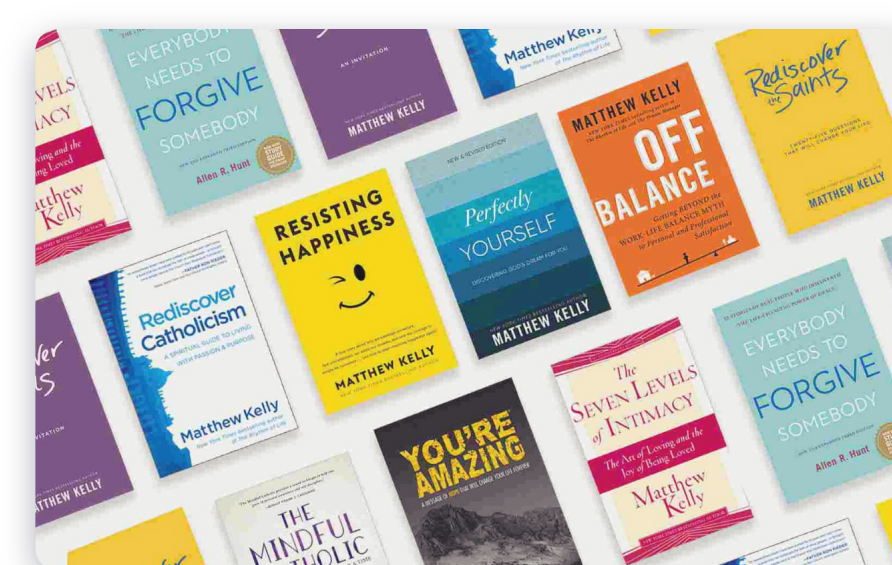
THE BIGGEST LIE:
DynamicCatholic.com/best-lent-ever/lenten-reflections-2019



9. Enjoy Everyday Inspiration

Find dozens of articles written just for you and your family—broken down into helpful categories.

DynamicCatholic.com/everyday-life



10. Dive Into a Great Catholic Book

Browse our robust category of some of the world's best (and best-selling) Catholic books.

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11. Enjoy Ebooks and Audiobooks, Too!

Find your favorite Matthew Kelly title on Audible and listen to it with your whole family!

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