

Lenten Regulations 2021

Once again, the celebration of Christ's Passion and Resurrection draws near. In our preparation for Easter, the Church invites us to observe the penitential and grace - filled season of Lent which commences on February 17, 2021 with the observance of Ash Wednesday. Lent is a time of renewal for the entire Catholic community. It is also a time of spiritual accompaniment as we assist the catechumens and candidates who will be welcomed into communion with the Church during the Easter Season. In order to assist the faithful of the Diocese of Brooklyn to take full advantage of the Lenten season, our Bishop, Most Reverend Nicholas DiMarzio wishes to draw attention to the following:

Abstinence - All the faithful who have reached 14 years of age are required to abstain totally from meat on Ash Wednesday and the Fridays of Lent.

Fasting - All the faithful between the ages of 18 and 59 inclusive are bound to fast on Ash Wednesday and Good Friday. This practice involves limiting oneself to a single full meal and avoiding food between meals. Light sustenance may also be taken on two other occasions during the day.

Easter Duty - After they have been initiated into the Most Holy Eucharist, all the faithful are bound by the obligation of receiving Holy Communion at least once a year. This precept must be fulfilled during the Easter season, unless for a good reason it is fulfilled at another time of the year. By special indult, in the United States, the period for fulfilling this precept has been extended to include the period beginning the First Sunday of Lent (February 21, 2021) to the celebration of Pentecost

OUR LADY HELP OF CHRISTIANS

THE LENTEN SEASON 2021



This year's **Parish Lenten Project** will be for the Homeless Ministry.

Our **Annual Blood Drive** takes place on Sunday, March 14, from 9am to 3:00pm in the Church Hall. Consider giving a pint of blood to remember how Jesus shed His blood for us.

*Ash
Wednesday*

February 17 Ashes will be distributed
During **8:30am Mass**
During **3:30pm Prayer Service**
During **7:30pm Mass**

Stations of the Cross Every Friday
During Lent at 7:30pm in Church

February 19th & February 26th
March 5th, March 12th, March 19th & March 26th

*** Thursday, March 25th Palm Weaving ***



Lenten Bible Study with Fr. Kieran
Mondays during Lent 7:00pm



Consecration to St. Joseph with Fr. Dwayne
Tuesdays during Lent 7:00pm



Lenten Retreat 7:00pm
March 10th, March 17th, March 31st & April 7th



24 Hours with the Lord
March 12th—13th 8:00am -8:30am



Lenten Book Club—"I Heard God Laugh"
Wednesdays 2pm
Saturdays 10:30am



"HOLY WEEK"

March 28 **PALM SUNDAY: MASS SCHEDULE**
Saturday Vigil 5:00pm
Sunday Masses 9:00am & 11:00am

March 29 **Reconciliation Day - Confessions**

April 1 **HOLY THURSDAY:** Morning Prayer 10am
Celebration of the Lord's Supper 7:30pm
Vigil immediately follows Mass until 12am

April 2 **GOOD FRIDAY:** Morning Prayer 10am
Celebration of the Lord's Passion 3:00pm
Divine Mercy Novena 5:30pm
Stations of the Cross 6:00pm
followed by Tenebrae in the Church

April 3 **HOLY SATURDAY:** Morning Prayer 10am
followed by ***Divine Mercy Novena***
Celebration Lord's Resurrection 8:00pm

April 4 **EASTER SUNDAY: MASS SCHEDULE**



Divine Mercy Novena continues
Monday, April 5 through Saturday, April 10 8:00pm on Zoom



April 11 **Divine Mercy Sunday -**
10:30am (Chaplet) Mass 11:00am